



About Middle Earth

Middle Earth is a non-profit, community-based agency that has been providing services to adolescents for almost four decades. Our mission is to provide prevention, intervention and crisis services assisting individuals, primarily youth, to develop into responsible and productive members of the community. Our programs, which are all free to our youth, guide kids in learning respect for themselves and others, serving the community as volunteers and choosing positive alternatives to gangs, drugs and crime.



Somerset County
United Way
Affiliated Agency



Program Location & Hours

Location: Smalley Middle School
Cherry Avenue, Bound Brook

Regular Hours: Monday - Friday
2:45 p.m. to 6:00 p.m.

Summer Hours: Monday - Friday
8:30 a.m. to 12:30 p.m.

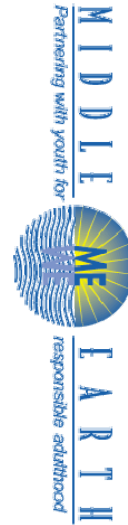


Program Mission

The mission of the Middle Earth 21st Century Community Learning Center (CCLC) program is to provide a safe and nurturing environment for Middle School age students from Bound Brook and South Bound Brook who are in need of and can benefit from an after-school program. Youth will have opportunities to choose activities designed to promote their intellectual, physical, mental, social and emotional development in an atmosphere of mutual respect and encouragement.

The Middle Earth 21st CCLC Program is funded in part with federal funds from Title IV, Part B, 21st Century Community Learning Centers program in the No Child Left Behind Act of 2001 awarded to the New Jersey Department of Education.

P.O. Box 8045
Bridgewater, NJ 08807



21st Century Community Learning Center for Bound Brook and South Bound Brook



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About the Program

The Middle Earth 21st Century Community Learning Center (CCLC) after-school program, is designed to support each student's academic, behavioral, emotional and social growth. The program serves students from Bound Brook and South Bound Brook Middle Schools, as well as Holy Family Academy. To participate in this program, contact Middle Earth to register. There is no fee for participation.

The after-school program is a collaborative effort with several outside agencies. Students have the opportunity to participate in all areas of programming listed below. In addition, community service is encouraged since it helps students experience a sense of civic pride and of giving back to the community.

Academic Remediation and Enrichment



All students will participate in educational activities with certified Bound Brook and South Bound Brook teachers, in which they will have the opportunity to receive extra help and to complete homework assignments four days per week (Mondays to Thursdays). Literacy, math and science activities are a main component of many of the daily enrichment clubs that are offered.

Cultural and Artistic Enrichment

Students will participate in enrichment activities through a variety of clubs, including (but not limited to) art,



culinary arts, computer technology, creative writing, environmental science, home economics, musical drama, physical fitness/exercise, scrapbooking, and videography. Club listings are updated every cycle in response to student interests and feedback.

Educational Field Trips

Educational field trips are offered on a regular basis. Possible sites include art museums, science centers, performing arts centers, zoos and aquariums, and local historical sites.

Health, Nutrition, Fitness & Physical Activity

Students have many opportunities to engage in physical activity. The students may participate in health-related activities and clubs, including martial arts, Pilates/yoga, hip hop dance, basketball and more.



Family Programming

Family involvement is very important to the success of all students and will impact their academic achievement and positive behavior. The following events are provided in order to encourage the full participation of all families:

- 21st CCLC Open House
- ESL Workshops
- Strengthening Families Workshops
- Family Fun Nights
- Parent Conferences

On-Site Counseling

Family and Community Services of Somerset County provides on-site counseling and support to students and their families. Assessments may



result in referral for additional services for students and their families.

Character Education

All students will participate in a variety of weekly character education activities, which include:

- **Character Counts** - fun and energetic activities that reinforce the six pillars of character, including respect and trust;
- **Girl's Circle** - gender specific group which focuses on issues such as positive body image and friendship;
- **Phoenix** - focuses on gang prevention skills; and
- **KIV** - focuses on positive self esteem, refusal skills and substance abuse prevention skills.



Benefits of the Program

The National Institute on Out-of-School Time reports that a decade of research, evaluations, and review of literature provides powerful evidence that after-school programs make a difference in the lives of youth who attend. After-school programs improve academic performance, social and developmental outcomes, contribute to healthy lifestyle options, and prevent many risky behaviors. Learn more at www.niost.org.