



About Middle Earth

Middle Earth is a non-profit, community-based agency that has been providing services to adolescents for almost four decades. Our mission is to provide prevention, intervention and crisis services assisting individuals, primarily youth, to develop into responsible and productive members of the community. Our programs, which are all free to our youth, guide kids in learning respect for themselves and others, serving the community as volunteers and choosing positive alternatives to gangs, drugs and crime.



Somerset County
United Way
Affiliated Agency



Program Location & Hours

The program is located at 520 North Bridge Street, Bridgewater at Middle Earth or any other convenient and comfortable place for the youth.

The hours of the program are generally decided on between the mentor and the youth. The Program Director is generally available Monday through Friday, 9:00 a.m. to 5:00 p.m.



MIDDLE EARTH
 Partnering with youth for responsible adulthood
 P.O. Box 8045
 Bridgewater, New Jersey 08807



Outreach Program



“Children will not remember you for the material things you provided but for the feeling that you cherished them.”
Richard L. Evans

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About the Program

The Outreach Program provides stability to youth and their families through one-on-one services. Through our intensive mentoring services, which are tailored to meet the individual needs of the adolescent and their family, we help the youth adopt the value of taking responsibility for their actions. The youth meets with a trained, caring adult who provides mentoring on a consistent, long-term basis. The program accepts both male and female youth, ages 13 to 19 (at time of intake).



The Program builds relationships with the families that are important and long lasting, and services are provided to them until they are either no longer needed or requested.



Program Goals

The goals of the program include:

- Provide youth with the opportunity to meet with a trained, caring adult who will provide one-on-one mentoring on a consistent, long-term basis.



- Youth will regularly meet with their Mentors and will establish personal goals that will assist them in improving their school performance, develop independent life-skills, improve socialization skills and increase a positive sense of self-esteem.
- Youth will become responsible and productive members of the community through employment readiness, attainment of educational goals and life-skills readiness.



Services Offered

The program provides the following services:

- Advocacy
- Case management
- Counseling
- Crisis intervention
- Educational support
- Group activities and trips

- Information and referral
- Life skills education (employment skills, financial literacy, etc.)
- Mentoring
- Outreach to youth and family
- Recreational activities
- Respite
- Supervision
- Transportation



Referral Process

The referrals for the Outreach Program can come from a variety of sources including, but not limited to, sending school districts, local mental health agencies, private therapists, Probations, families, Somerset County Multi-Disciplinary Team, and Tri-County CMO. The program maintains a waiting list and utilizes paid staff as mentors.

