



About Middle Earth

Middle Earth is a non-profit, community-based agency that has been providing services to adolescents for almost four decades. Our mission is to provide prevention, intervention and crisis services assisting individuals, primarily youth, to develop into responsible and productive members of the community. Our programs, which are all free to our youth, guide kids in learning respect for themselves and others, serving the community as volunteers and choosing positive alternatives to gangs, drugs and crime.



Somerset County
United Way
Affiliated Agency



Program Location & Hours

Middle Earth currently operates two Centers:

Somerville Community Youth Center

520 North Bridge Street
Bridgewater, NJ 08807
908-722-9908

Tuesday and Thursday from 4:30 to 8 p.m.

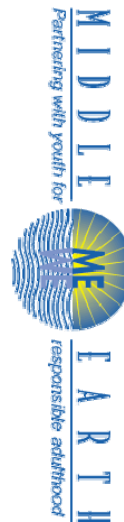
Bound Brook Community Youth Center

405 East Main Street
Bound Brook, NJ 08805
732-469-0027

Monday and Wednesday 4:30 to 8 p.m.
Friday 6 to 11 p.m.



P.O. Box 8045
Bridgewater, New Jersey 08807



Community Youth Centers

“Children are great imitators. So give them something great to imitate.”
- Anonymous

P.O. Box 8045
Bridgewater, NJ 08807
(908) 725-7223
email: office@middleearthnj.org
www.middleearthnj.org

About the Program

The Middle Earth Community Youth Centers provide a safe and supervised place for any youth between the ages of 10 and 18 to gather and interact positively with their peers. Youth are able to “walk-in” during Center hours. Our Centers become a “home away from home” for many kids, a place to go instead of “hanging out” on the street. The staff strive to provide a support system to youth who would otherwise not have one, in the hopes of intervening prior to troubled behavior.



Program Goals

The goals of the Centers include:

- Youth will have a safe place and caring adults that will enable them to connect with the agency and participate in educational and recreational activities, including community service, life-skills, employment, leadership and other positive opportunities.
- Youth will regularly participate in activities aimed at preparing them for employment, education, and other life readiness behaviors and will acquire knowledge and skills that will move them forward towards becoming independent young adults.
- Youth will become independent, responsible and productive members of the community.
- Youth will gain confidence and increase their self-esteem thereby allowing them to develop skills necessary to navigate life as a young adult and beyond.

- Youth will obtain the skills necessary to develop and achieve their personal goals in a healthy and positive way.
- Middle Earth will help reduce delinquent behavior, guide youth towards positive development, and address various contributing factors that youth are facing.

Services Offered

The services of the Centers include:

- Adult role modeling
- Caring and supportive adults
- Creative interests: provide equipment for youth to expand and develop their creative talents, such as arts and crafts materials, camera and film, digital camera, video camera, computer and printer, keyboard, microphone, and sound booth equipment
- Community Service: encourage youth to participate in activities that work to enhance the quality of life for the larger community
- Crisis intervention
- Education: provide tutoring, homework help, literacy, and academic training



Bound Brook Youth Center

- Girls Group / Boys Group
- Group meetings: provide regularly scheduled meetings in the areas of education, substance abuse, health, dating, domestic violence, life skills education, and many other valuable topics
- Informal counseling
- Information and referral services
- Leadership training
- Life skills: teach independent living skills, job skills, GED materials, nutrition and cooking, obtaining a driver's license, financial literacy and much more



- Mentoring
- Positive social interactions with others
- Quiet space
- Recreation: offer recreational equipment such as a pool table, ping pong table, TV, VCR, stereo, exercise equipment, board games, video games, couches, chairs and bulletin board of activities
- Transportation: provide rides to Somerville youth to the Bridgewater location