How to Help Youth Transition to Successful Adulthood

The Problems Teens Face:

- 60% of 6-12th graders that spend 2 hours or more every school day at home without an adult
- Violent juvenile crime triples between 3 to 6 p.m. when youth are unsupervised
- 1 in every 4 teens drops out before he or she finishes high school

Research and Studies Say:

- At-risk youth in after-school programs are:
  - more likely to behave in school and improve grades
  - less likely to initiate alcohol or drug use
  - more likely to develop better social skills & high self-esteem
  - less likely to commit crimes or be victimized
  - more likely to have higher aspirations for the future

The Solution:

Middle Earth’s programs provide youth with:

- Caring adults & mentors
- Academic assistance
- Development of life skills
- Opportunities to help others
- Supervised and safe places
- Marketable skills for employment
- Positive decision making

The Results:

Percentage of our youth that:

- Reported we offered a safe place: 93%
- Reported our staff was caring & supportive: 91%
- Began considering their educational future after college tour: 96%
- Reported they completed homework more often: 88%
- Felt staff listened to them & helped with their problems: 95%
- Improved their social skills: 88%
- Did not reoffend after receiving community service as a consequence for a first-time petty offense: 97%

Over 1,000 youth are safe and not “hanging out” on Somerset County streets due to our services

More info: www.middleearthnj.org or 908-725-7223